



QUIET WHITE

Getting a soft, flawless matt finish, step by step

Quiet White is a natural matt emulsion bound with plant oils instead of acrylic plastic. It goes on much like a good ordinary emulsion, with a soft, calm, distemper-like matt, but it is washable and has class 1 opacity, the highest, so it covers beautifully. This guide takes you through it and answers the questions we hear most.

What you will need

- Quiet White (see how much below), stirred well
- A medium-pile roller, and a soft synthetic brush for cutting in
- Clean water for thinning, and a stirring stick
- Dust sheets and low-tack masking tape
- A suitable natural primer, only if your walls need it (see Step 1)

How much do I need?

Quiet White covers **7 to 8 m² per litre, per coat**. Thanks to its class 1 opacity two coats is usually plenty. Measure each wall (width × height), add them up, multiply by 2, then divide by 7.

Quick example	A room with about 35 m ² of wall needs roughly 70 m ² of coverage, so around 9 to 10 litres for two coats.
Sizes	100 ml tester, 2.5 L, 5 L and 10 L. Try a tester pot first to see the colour in your light.
Good to know	Fresh plaster and very absorbent walls take more on the first coat.

Step by step

1 Prepare the surface

The wall must be dry, stable, clean and free of anything flaking or powdery. Completely remove old lime, distemper, latex, varnish and oil paints. Fill and sand any damage, and dust off.

2 Prime or mist-coat, if needed

Walls in poor condition or very absorbent surfaces (like new plaster) should be sealed first, either with a suitable natural primer, or a mist coat of Quiet White thinned 3 parts paint to 1 part water. Do not use a cheap trade paint as a mist coat under it.

3 Stir and thin the first coat

Stir thoroughly and check the colour. Thin the first coat with 5 to 10% water for an even flow. Work in a room that is above +16 °C, this paint needs a warmer room than most, so pick a mild day.

4 Paint the first coat

Cut in the edges, then roller the walls, keeping a wet edge and cutting in as you go so nothing dries into a visible join. Finish each wall in one pass.

5 Second coat

Once the first coat is dry, about 12 hours, apply a full-strength second coat. Its class 1 opacity means two coats almost always does it.

Tips for a lovely finish

- Warmth matters: below +16 °C it will not flow or dry properly, so avoid cold rooms.
- On weakly absorbent walls, drying can take longer than 12 hours, give it time before recoating.
- Finish each wall in one go for an even, streak-free matt.
- A mild, natural scent while drying is normal and clears as it cures.



Which white for which room? Quiet White is for calm, dry rooms: bedrooms, living rooms, hallways. For bathrooms, kitchens, cellars and other permanently damp or mould-prone rooms, reach for our breathable silicate, Mineral White, instead.

Common questions

Can I use it in a bathroom or kitchen?

It is fine for a normally-ventilated kitchen or a cloakroom, but not for permanently damp, steamy or mould-prone rooms. For those, use Mineral White, which is designed to manage moisture.

Do I need a primer?

On sound, previously-painted walls, usually not. On bare or repaired plaster, or very absorbent walls, seal first with a natural primer or a 3:1 mist coat of Quiet White.

It contains a preservative, is that a problem?

Like almost all water-based paints, Quiet White has a very small amount of in-can preservative to stop it spoiling. It can cause a reaction only in people already sensitised to isothiazolinones. If that is you, choose our preservative-free Mineral White, or contact us before ordering.

How washable is it?

Once cured it is washable and scrubbable (wet abrasion class 2). Let it cure for a couple of weeks before giving it a proper clean, then wipe gently with a damp cloth.

Can I paint woodwork with it?

No, it is a wall and ceiling emulsion. Use an appropriate trim paint for wood and metal.

Is it available in colours?

It is supplied as a natural white. If you would like a tinted shade, get in touch and we will let you know what is possible.

How do I clean up?

Brushes and rollers wash out with plain water straight after use. Reseal the tin, store it cool and frost-free, and use opened tins reasonably soon. Never pour paint down the drain.

Soil & Sky Quiet White. Application guide v1.0, 2026. Guidance is given in good faith; always test on your own surfaces first. A full safety data sheet is available on request.